Unit 2 Title: How Does A Person Cope With Life Changing Events? Grade Level: 4

Number of Lessons in Unit: 2

Time Required for each lesson: 45 minutes each

Best time of year to implement this Unit: Anytime

Lesson Titles:

Lesson 1: Conflict Mediation Part 1: Getting ready

Materials/special preparations Required:

What is Conflict? Graphic Organizer

Three Different Approaches to Conflict Worksheet

Mediation Do's and Don'ts Activity Sheet

Communication Pyramid for Mediation Activity Sheet

Chart paper

Markers, Pencils

Post it notes

Lesson 2: Conflict Mediation Part 2: Practice.

Materials/special preparations Required:

Mediation contract

Student handouts from Lesson 1

Peer Mediation Worksheet

Missouri Comprehensive School Counseling Big Idea:

SE.3: Applying personal safety skills and coping strategies.

Grade Level Expectation (GLE):

SE.3.C.04: Utilize coping skills for managing life changes or events. (DOK Level-3)

American School Counselor Association (ASCA) Mindsets and Behaviors:

Social/Emotional Development

Show Me Standards: Performance Goals (check one or more that apply)

| X | Goal 1: Gather, analyze and apply information and ideas | | | |
|---|--|--|--|--|
| | 1. Develop questions and ideas to initiate and refine research | | | |
| X | Goal 2: Communicate effectively within and beyond the classroom | | | |
| | 1. Plan and make written, oral and visual presentations for a variety of purposes and | | | |
| | audiences | | | |
| | 2. Review and revise communications to improve accuracy and clarity | | | |
| | 3. Exchange information, questions and ideas while recognizing the perspectives of other | | | |
| X | Goal 3: Recognize and solve problems | | | |
| | 1. Identify problems and define their scope and elements | | | |
| | 2. Develop and apply strategies based on ways others have prevented or solved | | | |

| problems. |
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| Goal 4: Make decisions and act as responsible members of society and others |

This lesson supports the development of skills in the following academic content areas. Academic Content Area(s) Specific Skill(s)

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|---------------------------------------|---------------------------|---|
| X | Communication Arts | Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) Participating in formal and informal presentations and discussions of issues and ideas |
| | Mathematics | |
| X | Social Studies | 6. Relationships of the individual and groups to institutions and cultural traditions |
| | Science | |
| | Health/Physical Education | |
| | Fine Arts | |

Unit Essential Questions:

Why is respect important?

Unit Measurable Learning Objectives:

The student will contribute at least one idea to the concept map and class discussion.

The student will serve as a mediator to work through one mediation and complete the mediation contract.

Unit Instructional Strategies/Instructional Activities:

- X Direct (Structured Overview; Lecture; Drill & Practice; Guided and Shared-reading, listening, viewing, thinking)
- X Indirect (Problem Solving; Reflective Discussion; Concept Mapping)
- X Experiential (Simulations; Role-playing)
- Independent Study
- X Interactive Instruction (Role Playing; Discussion; Problem Solving)

Unit Summative Assessment (acceptable evidence):

Summative assessment should relate to the performance outcome for goals, objectives and GLEs. Assessment can be question answer, performance activity, etc.

Students will use the skills learned about conflict mediation in practice mediation sessions using real life situations.

Brief Summary of Unit:

Students will learn about kinds of conflict and how they affect the body and stress levels. They will learn techniques that can be used to help solve conflict.

What prior knowledge do students need (e.g. the steps to solving a problem) to be successful in this unit?

Students will need basic knowledge of how to work together in groups.

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